

*It's Saturday*



**Let's Do Church!**

WEST PARISH OF BARNSTABLE, UNITED CHURCH OF CHRIST

February 10th, 2024

4:30 p.m.

Yoga Church

With Jess Riley, yoga teacher

Special music by Kathleen Warren

**BE THE CHURCH**

**Fight for the powerless.**

## OUR STATEMENT OF WELCOME

We are:

PROGRESSIVELY UNTRADITIONAL: 21st century minds in a 1717 Meetinghouse!

**Embrace diversity.**

JOYOUSLY INCLUSIVE: Radically open and affirming, all ages, races, gender, and sexual orientation, everyone is welcome exactly as you are.

EXPRESSLY “ON THE WAY”: Faith is a journey. Journey with us!

COMMITTEDLY IN THE COMMUNITY: In helping others, we become our true selves.

## GOD GATHERS US



\*OPENING SONG                      With A Little Help From My Friends                      Lennon – McCartney

**What would you think if I sang out of tune?  
Would you stand up and walk out on me?  
Lend me your ears and I'll sing you a song  
And I'll try not to sing out of key**

**Oh, I get by with a little help from my friends  
Mm, I get high with a little help from my friends  
Mm, gonna try with a little help from my friends**

**What do I do when my love is away?  
Does it worry you to be alone?  
How do I feel by the end of the day?  
Are you sad because you're on your own?**

**No, I get by with a little help from my friends  
Mm, get high with a little help from my friends  
Mm, gonna try with a little help from my friends**

**Do you need anybody?  
I need somebody to love  
Could it be anybody?  
I want somebody to love**

Would you believe in a love at first sight?  
Yes, I'm certain that it happens all the time  
What do you see when you turn out the light?  
I can't tell you, but I know it's mine

Oh, I get by with a little help from my friends  
Mm, get high with a little help from my friends  
Oh, I'm gonna try with a little help from my friends

Do you need anybody?  
I just need someone to love  
Could it be anybody?  
I want somebody to love

Oh, I get by with a little help from my friends  
Mm, gonna try with a little help from my friends  
Oh, I get high with a little help from my friends  
Yes, I get by with a little help from my friends  
With a little help from my friends

WELCOME

Pastor Christie

One: Welcome home, whether this is your first visit or you have been here for years. Here at West Parish, no matter who you are, and no matter where you are on life's journey, you are welcome here. We are glad you are here with us today whether you are joining us online or in person. Hello, I'm Pastor Christie, and here is Pastor Reed, and Steve Gregory as our minister of music with Bob Moscato on guitar, and our guest musician Kathleen Warren. I am pleased to welcome my friend and yoga teacher, Jess Riley who will be leading worship with us for yoga church. AND TOGETHER WE ARE

**All: ONE diverse community**

**Growing up in faith**

**Reaching out in love.**

One: It is good when God's people are together here, and so we can rejoice, because,

**All: It's Saturday, Let's Do Church!**



CALL TO WORSHIP

God grant me the serenity  
**to accept the things I cannot change;**

courage to change the things I can;  
and wisdom to know the difference.

## Forgive often.

THE LORD'S PRAYER (we will sing this in echo fashion)

Our Father... who art in Heaven...hallowed be thy name....Thy kingdom come....thy will be done....on Earth as it is in Heaven.

Give us this day... our daily bread... and forgive us all our sins...

And lead us not... into temptation... but deliver us from evil.

Unison:

For Thine is the kingdom and the power and the glory

Echo:

Forever..... and ever....

Our Father...who art in Heaven...hallowed be thy name.

### A TIME OF PRAYER



A TIME FOR CELEBRATIONS AND CONCERNS

A SONG OF PRAYER

INVITATION TO SHARING OUR GIFTS

*We now accept Venmo, the QR code and instructions are on page 10.*

## Care for the poor.

## Share earthly and spiritual resources.

THE WORD OF GOD IS PROCLAIMED





### SACRED WORDS FOR SACRED SPACE

Hebrews 11 English Standard Version

By Faith

*Now faith is the assurance of things hoped for, the conviction of things not seen. For by it the people of old received their commendation. By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible.*

MEDITATION

Q. and A. with Jess Riley

Rev. Christie Burns and Jess Riley

YOGA MEDITATION

Jess Riley with music by Kathleen Warren

### GOD SENDS US FORTH



WORDS OF SENDING

Serenity Prayer (unison)

Reinhold Niehbur

**God grant me the Serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And the Wisdom to know the difference.**

**Living one day at a time,  
Enjoying one moment at a time.  
Accepting hardship as a pathway to peace,  
Taking, as God did, this sinful world as it is,  
Not as I would like it.  
Trusting that God will make all things right,  
If I surrender to Thy will.  
That I may be reasonably happy in this world  
And supremely happy in the next. Amen.**

Blessing

Rev. Christie Burns



# Love God.

SONG OF SENDING

Go In Peace

Sam Baker  
Featuring Allen Nelson

**Go in peace  
Go in kindness  
Go in love  
Go in faith  
Leave the day  
The day behind us  
Day is done  
Go in grace  
Let us go  
Into the dark  
Not afraid  
Not alone  
Let us hope  
By some good pleasure  
Safely to  
Arrive at home  
Let us hope  
By some good pleasure  
Safely to  
Arrive at home.**

## WE ARE GLAD YOU WORSHIPPED WITH US TODAY!

All people, young and old and in-between, are lifted up wherever they are on the journey.  
We look forward to worshipping with you again soon!  
Pastors Christie Burns and Reed Baer

Christie holds coffee hours at Nirvana in Barnstable Village on Tuesdays from 10 am -noon.  
Call, text, or email for an appointment: 508-494-6409 [associatepastor@westparish.org](mailto:associatepastor@westparish.org).

“Saturday School” is underway, a special class for our youngsters, held over in Jenkins Hall, led by Pastor Reed and an adult lay teacher/volunteer, during the last 20 minutes of the service. Interested in joining in as a teacher or an extra pair of hands, speak to Reed after church.

Would you like to play in the Saturday Band? Contact Steve G.



by recycling this bulletin.

Need to get connected? Wi-Fi: Meetinghouse Password: 1717Rooster

Venmo @WestParish or scan the QR code.



**venmo**

To make a donation, simply scan the QR code with your phone's camera or search “@WestParish” on the Venmo app.

Be sure you select “West Parish of Barnstable” under the charity profiles.

If you would like your donation to go toward something specific like “Deacons”, note that in the description.

### Church Staff

Reed Baer, Pastor and Teacher  
Donna Murphy, Music Director  
Kristen Lind, Family School Director  
Susan Moeller, Council Chair

Christine Burns, Associate Pastor  
Susan McEwen, Office Administrator  
Chris Haven, Sexton  
Bobbie Jordan, Deacons Chair

Box 219, West Barnstable, MA 02668  
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**The week of February 10, 2024**

<b>Saturday</b>	2/10/24	4:30 pm	Worship
<b>Sunday</b>	2/11/24	10:00 am	Worship
<b>Monday</b>	2/12/24	12:30 pm 5:00 pm	J. Murelle Rehearsal (M) AA (J)
<b>Tuesday</b>	2/13/24	10:00 am 12:00 pm 5:00 pm	Christie's Coffee Hours @ Nirvana Music Lessons (M) AA (J)
<b>Wednesday</b>	2/14/24	9:15 am 4:00 pm 5:00 pm 7:00 pm	FS Science (J) FS Board (G) AA (J) WITS at Pastor Christie's house
<b>Thursday</b>	2/15/24	9:15 am 12:30 pm 5:00 pm 7:00 pm	Rooster Crows Articles Due FS Science (J) J. Murelle Rehearsal (M) AA (J) W. Barnstable Festival Committee (G)
<b>Friday</b>	2/16/24	9:15 am 10:30 am 5:00 pm	FS Science (J) Knitting Group (G) AA (J)
<b>Saturday</b>	2/17/24	4:30 pm	Worship

**Key:** FS = Family School; G = Guild Room; J = Jenkins Hall; M = Meetinghouse; Z = Zoom



# BE THE CHURCH

*Protect the environment.*

*Care for the poor.*

**Forgive often.**

**Reject racism.**

**Fight for the powerless.**

*Share earthly and spiritual resources.*

**Embrace diversity.**

**Love God.**

**Enjoy this life.**

*God is still speaking,*  
**UNITED CHURCH  
OF CHRIST**

