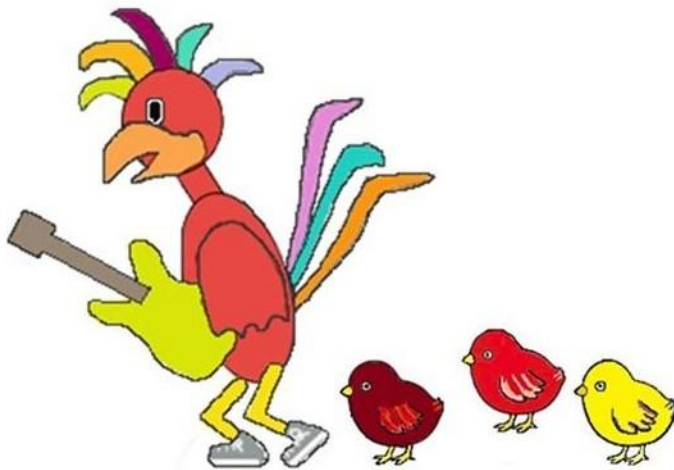


It's Saturday



Let's Do Church!

WEST PARISH OF BARNSTABLE
UNITED CHURCH OF CHRIST

September 19, 2026

4:30 p.m.

Food in the Wilderness

BE THE CHURCH

Fight for the powerless.

OUR STATEMENT OF WELCOME

We are:

PROGRESSIVELY UNTRADITIONAL: 21st century minds in a 1717 Meetinghouse!

Embrace diversity.

JOYOUSLY INCLUSIVE: Radically open and affirming, all ages, races, gender, and sexual orientation, everyone is welcome exactly as you are.

EXPRESSLY “ON THE WAY”: Faith is a journey. Journey with us!

COMMITTEDLY IN THE COMMUNITY: In helping others, we become our true selves.

GOD GATHERS US



*OPENING SONG

This Little Light of Mine

Green #364

**This little light of mine, I'm gonna let it shine;
this little light of mine, I'm gonna let it shine;
this little light of mine, I'm gonna let it shine;
let it shine, let it shine, let it shine.**

**This great joy I have, I'm gonna let it shine (3x)
let it shine, let it shine, let it shine.**

**Ev'rywhere I go I'm gonna let it shine (3x)
let it shine, let it shine, let it shine.**

**All through the night I'm gonna let it shine (3x)
let it shine, let it shine, let it shine.**

**This little light of mine, I'm gonna let it shine (3x)
let it shine, let it shine, let it shine.**

WELCOME

Pastor Christie

One: Welcome home, whether this is your first visit, or you have been here for years.

Here at West Parish, no matter who you are, and no matter where you are on life's journey, you are welcome here. We are glad you are here with us today whether you are joining us online or in person. Hello, I'm Pastor Christie, and here is Pastor Reed, and we have Mary Hamilton filling in for Steve Gregory as our music minister with the band, AND TOGETHER WE ARE

All: ONE diverse community

Growing up in faith

Reaching out in love.

One: It is good when God's people are together here, and so we can rejoice, because,

All: It's Saturday, Let's Do Church!



CALL TO WORSHIP (inspired by Exodus 16:1-8)

by Tim Graves

One: The ads online, on TV, and everywhere we look shout:

“Buy me! You deserve me! You're only worthy with me!”

Many: Some days we shout back: Enough!

One: And other days we let a theology and attitude of scarcity overtake us.

Many: On those days we allow what we have to define us, control us, and restrict us.

One: God provides enough. God created each of us as enough. God creates a world of abundance.

Many: But our certainty of scarcity, our idolatry of the shiny, and our fears of others prevent us from gratitude, graciousness, and sharing.

One: We live in an abundant world.

Many: Our creator makes it so.

One: Move our hearts, lessen our fears in this hour.

Many: There is enough for all of us.

One: Praise be to the God of Abundant Love!

Many: Praise to the God of Enough!

OPENING PRAYER

You call your people to prayer and praise in many ways.

This day, bring us together just as you called the people of Israel to gather manna in the desert to eat and sustain life.

God of unity, give us this day our daily bread.
Offer us the nutrients we need to remain connected to you.
As spiritual beings, we desire to receive food that endures—
faith, hope, and love.
God of grace, give us this day our daily bread.
All life is created and nourished by you!
May we grow into new circles of understanding and being,
reflecting the ways in which we have been touched by your holy manna.
Holy Spirit, come! Give us this day our daily bread. Amen.

Forgive often.

THE LORD'S PRAYER (we will sing this in echo fashion)
Our Father... who art in Heaven... hallowed be thy name...
Thy kingdom come... thy will be done... on Earth as it is in Heaven.
Give us this day... our daily bread... and forgive us all our sins...
And lead us not... into temptation.... but deliver us from evil.

Unison:

For Thine is the kingdom and the power and the glory

Echo:

Forever... ..and ever....

Our Father.... who art in Heaven.... hallowed be thy name.

A TIME OF PRAYER



A TIME FOR CELEBRATIONS AND CONCERNS

A SONG OF PRAYER

INVITATION TO SHARING OUR GIFTS

We now accept Venmo, the QR code and instructions are on page 8.

Care for the poor.

Share earthly and spiritual resources.

**THE BREAD OF LIFE
AND THE CUP OF NEW BEGINNINGS
ARE SHARED**



Our service of communion is open to all seeking Christ's presence.
Whether children receive the elements we leave to their parents' discretion.
We shall be receiving communion by the ancient practice of intinction.
Come forward, take a piece of the bread, dip it in the cup,
and consume it on the way back to your seat.
We offer a communion cup and wafer system of cranberry juice and cracker.

INVITATION

Iona Community

In the time of Jesus, sharing a meal with others was never a casual matter. But Jesus welcomed everyone – when he sat at table with all those society pushed to the margins, the ill, the tax collectors, those condemned as sinners, he proclaimed that God's care knows no bounds. This is what we do – welcome everyone!

THE STORY BEHIND THE LAST SUPPER

We gather at this table to remember that on the night before he died, Jesus took bread, and after blessing it, he broke it, and gave it to those sitting around him, saying, *"Take, eat. This is my body, given for you. Do this in remembrance of me."* In the same way after supper, he took the cup, saying: *"This cup is the new covenant sealed in my blood, shed for you for the forgiveness of sins. Whenever you drink it, do this in remembrance of me."*

Let us pray:

PRAYER OF CONSECRATION

We thank you, God, that you have provided for all the worlds that ever were or will be by giving yourself to them in love. If we go to the height of the mountains, or if we make the grave our bed, you are with us. If we go to the depths of the sea, your right hand holds us fast. We thank you for Jesus, your Word, who lived among us, uncovering your presence. We thank you that you stamped his death with victory, and that Life, not death, has the final word. We ask now that you bless us, as we share this bread and cup, that we might be nourished by the same unbounded love and so be encouraged to be your servants in the world. Amen

THE COMMUNION

Look, the Body of Christ is broken for the life of the world.
Here is Christ coming to us in bread and juice.
The gifts of God for the people of God.
Come for all things have been made ready.

PRAYER OF THANKSGIVING

Most gracious God, source of all blessing, we give you thanks for inviting us to share this meal as your family. Strengthen us to be a blessing to one another and to all people, glorifying you in everything we do and say, through Jesus Christ our Lord. Amen.

THE WORD OF GOD IS PROCLAIMED



SPECIAL SONG

with Mary Hamilton



SACRED WORDS FOR SACRED SPACE

Exodus 16:2-15

MEDITATION

Food in the Wilderness

Rev. Christie Burns

GOD SENDS US FORTH



CLOSING SONG

Imagine

John Lennon

**Imagine there's no heaven
It's easy if you try
No hell below us
Above us only sky**

Imagine all the people
Living for today... Aha-ah...

Imagine there's no countries
It isn't hard to do
Nothing to kill or die for
And no religion, too
Imagine all the people
Living life in peace... You...

You may say I'm a dreamer
But I'm not the only one
I hope someday you'll join us
And the world will be as one

Imagine no possessions
I wonder if you can
No need for greed or hunger
A brotherhood of man
Imagine all the people
Sharing all the world... You...

You may say I'm a dreamer
But I'm not the only one
I hope someday you'll join us
And the world will live as one

WORDS OF SENDING



Love God.

SONG OF SENDING

Go in Peace

Sam Baker

Go in peace
Go in kindness
Go in love
Go in faith
Leave the day
The day behind us
Day is done
Go in grace

Let us go
Into the dark
Not afraid
Not alone
Let us hope
By some good pleasure
Safely to
Arrive at home
Let us hope
By some good pleasure
Safely to
Arrive at home.

The Week of September 19, 2026

Saturday	9/19/26	4:30 pm	Worship
Sunday	9/20/26	9:15 am 10:00 am 11:30 am 5:00 pm	Outreach (G) Worship Deacons (G) AA (J)
Monday	9/21/26	5:00 pm 7:00 pm	AA (J) AA (J)
Tuesday	9/22/26	4:30 pm 5:00 pm	Bell Choir Rehearsal (M) AA (J)
Wednesday	9/23/26	9:00 am 5:00 pm	FS Science (J) AA (J)
Thursday	9/24/26	10:00 am 5:00 pm	Rooster Crows Creative Crafters (J) AA (J)
Friday	9/25/26	9:00 am 10:00 am 5:00 pm	FS Science (J) Knitting Group (G) AA (J)
Saturday	9/26/26	4:30 pm	Worship

Key: FS = Family School; G = Guild Room; J = Jenkins Hall; M = Meetinghouse;
MHF = Meetinghouse Foundation; Z = Zoom

WE ARE GLAD YOU WORSHIPPED WITH US TODAY!

All people, young and old and in-between, are lifted up wherever they are on the journey.
We look forward to worshipping with you again soon!
Pastors Christie Burns and Reed Baer

“Saturday School” is underway, a special class for our children and teens, held over in Jenkins Hall, led by Pastor Reed and Cassie Estey, during the last 20 minutes of the service. Interested in joining in as a teacher or an extra pair of hands, speak to Reed after church.

Would you like to play in the Saturday Band? Contact Steve G.



by recycling this bulletin.

Need to get connected? Wi-Fi: Meetinghouse **Password:** 1717Rooster

Venmo @WestParish or scan the QR code.



venmo

To make a donation, simply scan the QR code with your phone's camera or search “@WestParish” on the Venmo app.

Be sure you select “West Parish of Barnstable” under the charity profiles.

If you would like your donation to go toward something specific like “Deacons”, note that in the description.

Church Staff

Reed Baer, Pastor and Teacher
Paula King, Music Director
Susan Moeller, Council Chair
Chris Haven, Sexton

Christine Burns, Associate Pastor
Susan McEwen, Office Administrator
Bobbie Jordan, Deacons Chair
Alycia Williams, Family School Director

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BE THE CHURCH

Protect the environment.

Care for the poor.

Forgive often.

Reject racism.

Fight for the powerless.

Share earthly and spiritual resources.

Embrace diversity.

Love God.

Enjoy this life.

God is still speaking,
**UNITED CHURCH
OF CHRIST**

